

MINNESOTA NINTH GRADE AND UNDER WRESTLING LEAGUE

LEAGUE HANDBOOK

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MINNESOTA NINTH GRADE AND UNDER WRESTLING LEAGUE

History

The Minnesota Ninth Grade and Under Wrestling League began in the Spring of 1991. It was named the South of the River Ninth Grade Wrestling League. The original members of this league were Apple Valley, Burnsville, Eagan, Hastings, Faribault, Lakeville, New Prague, Rosemount, and Simley. The league was formed under the direction of Bill Demaray of Apple Valley, Jim Short of Simley, and Paul D. Vaith of Hastings. The following year the league changed it's name to the Minnesota Ninth Grade and Under Wrestling League and expanded it's membership to fourteen schools. Two sections were formed, a South Metro and a Southern section. Since the second year, the league has continued to grow and at this time has approximately 122 teams participating. Currently these 122 teams are placed in eight regions. The individuals and teams that qualify from these regions advance to the end of the year league tournaments.

Purpose

The MNGWL was formed for the purpose of providing an opportunity for students in the ninth grade and under age group to participate in a wrestling program that offers both team and individual competition. This league is organized and administered by coaches for students that are interested in participating in the sport of wrestling.

Incorporation

The MNGWL is an incorporated non-profit organization.

Membership

Membership in the MNGWL is open to all schools in the State of Minnesota.

All Schools can sign up for the league at: <https://mngwl.wordpress.com/>

New applications will be reviewed in the Spring of each year. If approved, each new applicant will be assigned to a region by the Board of Directors. All inquiries regarding new membership or any schools to notify the Executive Director by November 1st.

Membership Fee

All members in this league will be required to pay a yearly stipend of \$150.00 Dollars to assist in administrating all league tournaments and administrative cost. This fee will be collected by Dec 21st. All late registrations will be subject to a \$25 late fee.

Participants

This league is meant to be a ninth grade league, however, 7th and 8th graders can fill a weight for teams who can't field a complete ninth grade team. (No Sophomores or 6th graders.)

Weight Classes

There are fourteen weight classes: 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 189 & HWT.

The minimum weight for 94 is 79 lbs. The minimum weight for the 100 lb. weight class is 85 lbs. The minimum weight for Hwt is 188 lbs.

Regions

Teams are divided into 8 Regions. Dual meet competition in each region will be scheduled during the regular season by the Region Director. The procedure for determining the teams that qualify for the state team tournament will be determined by each region. Each region will conduct an individual qualifying tournament advancing two wrestlers per weight class to the state individual tournament.

Weigh-ins and Skin Checks

Weigh-ins and skin checks for duals will be conducted by the coach of each team after practice the day before the meet. Each coach is required to exchange a copy of the weigh in sheet with their opponents. The name, grade and actual weight of each wrestler must be present on the weigh-in form.

Weigh-ins and skin checks for the state team tournament and state individual tournament will be conducted on-site the morning of the tournament.

A 2-pound growth allowance will be granted starting Jan 1. The minimum weights also increase by 2-pounds after Jan. 1. (We will keep the HWT minimum at 188 pounds)

MNGWL **WEIGH-INS DO NOT COUNT** as official MSHSL weigh-ins.

All MNGWL **MATCHES MUST COUNT** toward each wrestlers match limit of 45 matches.

All MNGWL Events, do count against each wrestler, but not towards your Varsity event count.

Rules

National Wrestling Federation rules will be used in the conduct of all matches. Team competition will apply the same criteria used at the state high school tournament. (New rules added in 2018) Wrestlers are allowed to wrestle upto six matches in the Individual Qualifying Tournament. Additionally, wrestlers are allowed 30 minute rest period between matches.

Officials

Dual Meets: It's recommended that each school use a registered official and an adult worker at the scoring table.

Qualifying/Final League Tournaments - officials will be hired by the host schools. Officials will be paid for by the league for the final league tournament.

Competition

Dual Meet Competition - only the fifteen weight classes will be used for scoring. However coaches should try to get matches for all wrestlers on each team. The home coach should communicate with the visiting coaches to discuss line-ups no later than the evening before the meet.

Region/Section Competition - each region determines how they will qualify teams for the league team tournament. Dual meets, triangulars, quadrangulars, tournaments are all permitted.

Region Individual Qualifying Tournament - **only one** wrestler per weight class per team will be allowed to compete. The top two wrestlers from each weight class from each region will advance to the state individual league tournament. (New rules added in 2018) Wrestlers are allowed to wrestle upto six matches in the Individual Qualifying Tournament. Additionally, wrestlers are allowed 30 minute rest period between matches.

League Individual Tournament - there are sixteen qualifiers per weight class. A double elimination tournament will be used. True wrestle-backs for the fifth place will be employed if possible.

League Team Tournament - The top three teams from each of the eight regions will advance to the league team

tournament. A double elimination format will be used at this tournament. There is a limit of **twenty-one** wrestlers that can weigh-in and compete on each team for the State Team Tournament.

NOTE: Qualified teams choosing not to participate must notify the tournament director at least five days prior to the tournament. Alternate teams will fill in those spots if possible.

League Awards

Dual meet competition - a trophy will be presented to the top team from each region during the league team tournament.

Region Qualifying Tournaments - medals will be provided by the league for the top six place winners in each weight class. A trophy will be presented to the team that wins the region qualifying tournament.

League Team Tournament - a trophy will be presented to the team champion at an awards ceremony at the conclusion of the league team tournament. Medals will be awarded to the members of the top eight teams (21 per team). T-shirts will be given to the members of the team champions.

League Individual Tournament - medals will be presented to the top eight place winners and a trophy to the individual tournament **team** champion. T-shirts will be given to each individual champion.

League Handbook

One copy of the league handbook will be distributed by the executive director to the head coach of each participating school. The information in these handbooks will be collected, organized and then distributed by a tentative date of November 1st. Information contained in this handbook will consist of, the league history, policies, section schedules, budget information, directory, tournament information and past tournament results.

Region Qualifying Individual Tournaments

Each qualifying tournament will be hosted by one team in each region. The host school in each qualifying area will be in charge of providing a facility, officials, trainer and all tournament workers. All tournament proceeds plus a stipend from the league will belong to the host school. Awards will be purchased by the director in charge of awards and will then be distributed to the host school or each qualifying tournament. This will include a Team Champion Trophy and medals for the top four place winners. The sectional directors in that region are responsible to select a site and tournament director.

NOTE: The format for the individual tournament must be conducted to prevent a wrestler from wrestling more than six times in a day.

Tournament Information

Up-to-date tournament information can be found at: <https://mngwl.wordpress.com/>

BOARD OF DIRECTORS

The Board of Directors for the Minnesota ninth grade and under wrestling league will be comprised of the executive director, the tournament executive director, the league treasurer, and one region director from each region. This body will determine all policies for this league. They will assign new members to the appropriate region and make all administrative decisions affecting this league.

CURRENT MEMBERS OF THE BOARD OF DIRECTORS

Up-to-date Board of Director information can be found at: <https://mngwl.wordpress.com/>

BOARD OF DIRECTORS MEETING

The executive director will communicate with the members on the board of directors. Agenda items will include selecting tournament sites for the following year, approving new members, updating league policies and other administrative duties.

REGIONAL MEETING

The region directors will host one meeting a year for the ninth grade coaches in their region. The agenda for this meeting will include; reviewing league policies, finalizing region schedules, establishing tie-breaker criteria for team advancement, updating the region coaches directory, discussing league tournament information, etc. attendance is required.

EXECUTIVE DIRECTOR

The executive Director will serve for an indefinite period of time. His duties shall be:

- chairing the board of directors.
- communication with board of directors
- select and securing sites for end of the year league tournaments
- keep a composite record of all past league tournament championship results.
- compile a league coach's handbook and email it to all regional directors
- turn in expenses incurred to the League Treasurer for reimbursement.

TREASURER

The treasurer is responsible to the Board of Directors for keeping accurate accounting records for the Minnesota ninth grade and under wrestling league. Their duties shall include:

1. Sending an application to and collecting yearly membership fees from all current league members.
2. Preparing a tentative budget for the league Board of Directors.
3. Keeping an accurate record of all income and expenses and being prepared to give a treasurer's report at the annual Board of Directors spring meeting.
4. Collecting income from the league tournament director/coordinator in charge of admissions, programs sales and tournament vendors.

REGION DIRECTORS

The Region Directors position will serve an indefinite term of office. Their duties shall include:

- communicating with the league director.
- host a Fall Regional/Sectional meeting following the Fall Clinic meeting.
- collect the entry fees and compile a directory of the schools and coaches for the purpose of sending the MNGWL book and State Tourney results.
- to select a host site and tournament director for their qualifying tournament.
- send results of individual qualifying tournament to the league director

TOURNAMENT DIRECTORS

The tournament director will be an appointed position and they will serve an indefinite term of office. They will be appointed by the board of Directors. The Minnesota Ninth Grade and Under Wrestling League Executive Tournament Director is in charge of overseeing and coordinating the following areas at the team and individual league tournaments:

- Pairings
- Admissions
- Awards
- Publicity
- Announcer
- Promotions

The tournament directors will be responsible to:

- communicate with all tournament directors in order to ensure that continuity will exist between the qualifying and final tournaments.
- attend the board of directors meetings

STATE INDIVIDUAL TOURNAMENT

The league individual tournament will be hosted by one member school from the league membership. The host school will be in charge of providing a facility, mats, security workers, admissions workers, and a coach's hospitality room for the tournament. They will receive a stipend from the league, plus they will get any proceeds made from concessions. All Gate and program receipts will go to MNGWL.

STATE TEAM TOURNAMENT

The team tournament will be hosted by one member school from the league membership. The host school will be in charge of providing a facility, mats, security workers, admission workers and a coach's hospitality room for the tournament. They will receive a stipend from the league plus they will get any proceeds made from concessions. All gate receipts will go to MNGWL.

QUALIFYING TOURNAMENT DIRECTORS

The league will furnish awards for each qualifying tournament and pay a stipend to each tournament host. Each director and host school is expected to organize and administer all other areas of their tournament. Each qualifying tournament is expected to qualify two wrestlers per weight class for the final individual tournament. This information should be sent to the pairings coordinator ASAP. All Individual Qualifying Tournaments must be run on Track Wrestling. The Track Wrestling pairing services fee will be deducted from the stipend.

LEAGUE TEAM TOURNAMENT DIRECTOR

The league will furnish awards, pay for officials, and pay a stipend to the host of school. The director is responsible for organizing and administering all other aspects of the team tournament.

LEAGUE INDIVIDUAL TOURNAMENT DIRECTOR

The league will furnish awards, pay for officials, provide workers for pairings, awards, announcing and pay a stipend to the host of the league individual tournament. The director is responsible for organizing and administering all other aspects of this tournament.

TOURNAMENT COORDINATORS

Pairings/Computer

The pairings coordinator is in charge of entering all wrestlers into the weight class and setting up the tournament. The computer coordinator is in charge selecting and organizing all helpers, wall chart personnel, and for printing bout cards and entering match results during the tournament. All individual qualifying and state tournaments will use Track Wrestling for their pairing services.

Admissions

The host site manager is in charge of selecting, assigning and organizing all admission personnel for both the individual and the team league tournaments. The tournament directors are responsible for determining the system that will be used for admissions. The site director will manage admission as well as program sales, with all gate and program receipts given to the league (the site director will provide the change needed by the ticket and program sellers).

Announcer

The announcer for the individual tournament will work directly with the pairings coordinator. It is the announcer's responsibility to keep the fans, workers, and coaches informed throughout the tournament.

Awards

The awards coordinator is in charge of purchasing all league and tournament awards (including T-shirts). The coordinator is also in charge of setting up the format for the presentation of these awards.

<u>Level</u>	<u>Recognition</u>	<u>Award Winners</u>
Sections	Trophy	Team Champions
Qualifying Tournaments	Trophy	Team Champions
	Medals	1st - 4th place winners
Team	Trophy	Team Champion
	Medals	1st - 8th place winners
		Consolation Champions – Tier I & Tier II
	T-shirts (21)	Team Champions
Individual	Trophy	Team Champion
	Medals	1st - 8th place winners
	T-shirts (14)	Individual Champion (Wt. Listed)

MNGWL LEAGUE CHAMPIONS (1992-)

League Team Tournament		League Individual Tournament	
<u>Year</u>	<u>Team Champions</u>	<u>Year</u>	<u>Team Champions</u>
1992	Apple Valley	1992	Hastings
1993	Owatonna	1993	Apple Valley
1994	Apple Valley	1994	Apple Valley
1995	Simley	1995	Albert Lea
1996	Foley / Hastings (Tie)	1996	Foley
1997	Owatonna	1997	Cambridge
1998	St. Michael-Albertville	1998	St. Michael-Albertville
1999	Apple Valley	1999	Apple Valley
2000	Owatonna	2000	Forest Lake
2001	Owatonna	2001	Eastview
2002	Milaca	2002	Totino-Grace
2003	Albert Lea / Owatonna (Tie)	2003	Albert Lea
2004	Owatonna	2004	Hastings
2005	Cambridge	2005	
2006	Foley	2006	Milaca
2007	Plainview-Elgin-Millville	2007	Apple Valley
2008	Apple Valley	2008	GMLOK
2009	St. Michael-Albertville	2009	Frazee
2010	Apple Valley	2010	STMA & Apple Valley
2011	Foley	2011	Apple Valley
2012	Coon Rapids	2012	Adrian
2013	Anoka	2013	Adrian
2014	Hastings	2014	Minneota
2015	Foley	2015	Annandale/ Maple Lake
2016	Scott West	2016	Minneota
2017	Foley	2017	Kasson-Mantorville
2018	St. Micheal Albertville	2018	St. Micheal Albertville

Individual Champions 1992 -

95-Pound Weight Class

1992	Ben Radant, Simley
1993	Judd Citrowski, Apple Valley
1994	Ryan Dresher, Apple Valley
1995	Andy Nesseth, HLOL
1996	Jordan Tenney, Simley
1997	Matt Anderson, Simley
1998	Brian Henke, Lakeville
1999	Nathan Roemer, Annandale/Maple Lk.
2000	Dan Workman, Eden Prairie
2001	Ryan Adams, Coon Rapids
2002	Zach Sanders, Wabasha-Kellogg
2003	Shane Nelson, New Prague
2004	Cody Hansen, Albert Lea
2005	Matt Ashton, Eagan
2006	Scott Hogan, Eastview
2007	Cory Hansen, Albert Lea
2008	Noah Schlee, GMLOK
2009	Sam Brancale, Eden Prairie
2010	Tommy Thorn, STMA
2011	Gannon Volk, Apple Valley

94-Pound Weight Class

2012	Howard Smith, Apple Valley
2013	Keaton Schorr, Kasson-Mantorville
2014	Curtis LeMair, Prior Lake
2015	Derek Ellingson, TMB/WWG
2016	Matthew Harfmann, KM
2017	Landen Parent of Princeton
2018	Christian Noble of Big Lake

112-Pound Weight Class

1992	Jason, Dummer, Hastings
1993	J Kath, Owatonna
1994	Aaron Reuvers, Faribault
1995	Chris Cook, Hastings
1996	M Thery, Blaine
1997	Mason Shoem, Hastings
1998	Dan O'Donnell, Lake City
1999	Eric Leeseberg, Robbins. Cooper
2000	Kyle Sovde, Apple Valley
2001	A J Werner, Litchfield
2002	Eric Olson, New Prague
2003	Jesse Straw, Minneapolis Edison
2004	Brady Gilb, Willmar
2005	Bobby Dorn, Eagan
2006	Omar Salguero, Buffalo
2007	Adam Kelling, Braham
2008	Chris Carney, Apple Valley
2009	Bruce Lemon, Frazee
2010	St.Michael-Albertville
2010	Shamar Williams, Apple Valley
2011	Zack Zimmer, Becker

113-Pound Weight Class

2012	Logan Dick, Maple Grove
2013	Ryan Elias, Adrian
2014	Sam Tibbits, Litchfield
2015	Alex Kern, St. Cloud Tech
2016	Teddy Pesch, Minneota
2017	Dylan Anderson of Apple Valley
2018	Blake Jagodzinske of Fairmont

130-Pound Weight Class

1992	Brian Janaszak, Apple Valley
1993	S Elliot, Apple Valley
1994	Ryan Carrigan, Apple Valley
1995	Jeff Wilder, Albert Lea
1996	K Sandberg, Northfield
1997	Kevin Hengler, Eden Prairie
1998	Brad Zilmer, Cambridge
1999	John Dorma, Apple Valley
2000	Tom Lacombe, Apple Valley
2001	Sean Dwyer, Eastview
2002	Jeremy Lilledahl, Cambridge
2003	Andy Johnston, St. Cloud Tech
2004	Brett Landrum, Wayzata
2005	Nick Clemence, Annandale/Maple Lake
2006	Tyler Blauert, Frazee
2007	Dylan Buchanan, GMLOK

100-Pound Weight Class

1992	Tommy Larson, Apple Valley
1993	T Hinnenkamp, Albert Lea
1994	Chris Pierson, Hastings
1995	Josh Ignaszewski, Albert Lea
1996	Anthony Rodin, Rosemount
1997	Justin Buckley, Buffalo
1998	Scott Huckel, Forest Lake
1999	Neil Wasmund, Apple Valley
2000	Mike Meager, Owatonna
2001	Andrew Scherer, Eden Prairie
2002	Russ Lumley, Becker
2003	Steve Hegland, STMA
2004	Derek Schreiner, Wayzata
2005	Brent Molitor, St. Francis
2006	Jake Riehle, Forest Lake
2007	Dakota Trom, Apple Valley
2008	Jake Short, Simley
2009	Zach Gawboy, Maple Grove
2010	Luke Zilverberg, Scott West
2011	Tyler Funk, Foley

100-Pound Weight Class

2012	Gabe Shea, Kasson-Mantorville
2013	Elijah Wilcox, Kasson-Mantorville
2014	Austin Devlaemnick, Minneota
2015	Cael Carlson, Willmar
2016	Reid Ballantyne, Stillwater
2017	Connor Simmonds of Fairmont
2018	Brad Howes of Anoka

119-Pound Weight Class

1992	Almedia/Johnson, Apple Valley
1993	M Peterson, New Prague
1994	Steve Whitman, St. Francis
1995	Adam Leiter, Blaine
1996	J Woodworth, Milaca
1997	Jammell Tidwell, Kennedy
1998	Derek Gross, Kasson-Mantorville
1999	Amos Wolf, Lakeville
2000	Josh Foss, Foley
2001	Steve Davis, Eastview
2002	Scott Maas, Faribault
2003	Matt Morris, Albert Lea
2004	Troy Douglas, Eagan
2005	Alex Zeien, Hastings
2006	Aaron Kingsley, Apple Valley
2007	Miles Brannan, Kasson-Mantorville
2008	Carter Kortan, Albert Lea
2009	Ty Torgerson, Cambridge
2010	Scott Mattison, Apple Valley
2011	Corey Goetsch, Owatonna

120-Pound Weight Class

2012	Jace Bunne, GMLOK
2013	Kolton Eischens, Pierz
2014	Will Natte, Luverne
2015	Brandon Kidd, Elk River
2016	Blake Reiss, Minneota
2017	Pedro Velasquez of Chaska/Chanhassen
2018	Cole Becker of St.Michael-Albertville

135-Pound Weight Class

1992	Mark Collingnon, Rosemount
1993	Josh Sjorgren, Farmington
1994	Charlie Zimmer, Foley
1995	Josh McInerney, Apple Valley
1996	A Tupy, New Prague
1997	Dan Quance, Totino-Grace
1998	Josh Lane, Wabasha-Kellogg
1999	Aaron Becker, St Michael-Albert.
2000	Dave Olson, Faribault
2001	Chas Betts, St Michael-Albertville
2002	Jake Sweet, Totino-Grace
2003	Derek Shipman, Frazee
2004	Wes Voigt, Sauk Rapids-Rice
2005	Brad Koehn, Mora
2006	Jeremy Weber, Foley
2007	Kurtis Julson, Simley

105-Pound Weight Class

1992	Justin Wolfe, Hastings
1993	Isaac Larson, Hastings
1994	Romego Young, Apple Valley
1995	Mike Verdeja, Simley
1996	J Larson, Foley
1997	Travis Fuhol, Cambridge
1998	Dylan Columb, Wayzata
1999	Mark Butler, Owatonna
2000	Zach Molitor, Cambridge
2001	Scott Nonini, Apple Valley
2002	Gavin Datillo, Burnsville
2003	Dan Greeno, STMA
2004	Tony Valek, Scott West
2005	Alex Geving, Cambridge
2006	Joey Fessler, Apple Valley
2007	Brandon Kingsley, Apple Valley
2008	Micah Barnes, Simley
2009	Stephen Mincey, Apple Valley
2010	Quinten Berras, STMA
2011	Brock Morgan, Apple Valley

106-Pound Weight Class

2012	Bronson Spies, Detroit Lakes
2013	Gunner Charbonneau, Prior Lake
2014	Alex Pachan, St. Cloud Apollo
2015	Brady Gross, Apple Valley
2016	Brandon Psyk, STMA
2017	Zack Wells of Princeton
2018	Nick Lattery of Coon Rapids

125-Pound Weight Class

1992	Jessie Rehovsky, Apple Valley
1993	M Casey, Apple Valley
1994	Ben Barclay, Apple Valley
1995	Kenny Dreyling, Albert Lea
1996	G Garceau, Foley
1997	Dan Klinger, Elk River
1998	James Sorenson, Hastings
1999	Nate Brunn, Buffalo
2000	Chas Betts, St Michael-Albertville
2001	Kent Scheff, Jackson Cty Central
2002	Berto Espinoza, Willman
2003	Tony Sadler, Totino-Grace
2004	Zach Braaten, Dilw-Glynd-Felton
2005	Logan Hansen, Albert Lea
2006	Garin Hogan, Totino-Grace
2007	Travis Winter, BBE
2008	Zac Bainville, Grand Rapids
2009	Tyler Berhow,
2010	Austin Boniface, Forest Lake
2011	Shamar Williams, Apple Valley

126-Pound Weight Class

2012	Austin Eichmann, Hastings
2013	Michael Preuss, Adrian
2014	Xavier Rosenbloom, Eagan
2015	Graham Nistler, St. Cloud Tech
2016	Carl Leuer, STMA
2017	Kieler Carlson of Forest Lake
2018	Joe Gardas of Zimmerman

140-Pound Weight Class

1992	Vessey/Scarpone, Apple Valley
1993	David Leifeld, Hastings
1994	Dave Roberts, Anoka
1995	Eric Polinder, Lakeville
1996	Mark Kotsmith, Milaca
1997	John Becker, St. Michal-Albertville
1998	Dusty Wilking, Jackson Cty Central
1999	Blake Nicolay, Rosemount
2000	Jeff Merz, Wayzata
2001	Brady James, WEM
2002	Cory Frerk, Albert Lea
2003	Blake Bergeson, Wayzata
2004	Jake Sailer, Frazee
2005	Shamus O'Grady, Coon Rapids
2006	Kris Olson, Foley
2007	Ben Gaughan, Moorhead

2008 Caramon Hansen, Rocori
2009 Will Noll, Centennial
2010 Tyler Berhow, STMA
2011 Dan Marquette, Hastings

2008 Alex Steffel, BOLD
2009 Andrew Swedinski, Minneota
2010 Chris Zeske, Sauk Rapids-Rice
2011 Brandon Halverson, Foley

2008 Caleb Leichtnam, GMLOK
2009 Cody Piper, Frazee
2010 Will Noll, Centennial
2011 Dayton Racer, Apple Valley

132-Pound Weight Class

2012 Nate Tesch, Glencoe-Silver Lake/Lester Prairie
2013 Donnie Leuer, St.Michael-Albertville
2014 Cody Schoen, St. Michael-Albertville
2015 Walker Weege, Annandale/ Maple Lake
2016 Cade Mueller, Waconia
2017 Vincent Mosher of Prior Lake
2018 Chase Vought of Farmington

138-Pound Weight Class

2012 Santana Acosta, Albert Lea
2013 Spencer Elwell, Foley
2014 Ryan Duffy, South St. Paul
2015 Tony Watts, Apple Valley
2016 Jared Schroepfer, Wabasso/RRC
2017 Michael Rothfork of Foley
2018 Chase Vought of Farmington

145-Pound Weight Class

1992 Calvin McKinney, Simley
1993 Trevor Williamson, Simley
1994 Chris Molitor, St. Francis
1995 Jared Palmer, Albert Lea
1996 Dave Stoffel, Hastings
1997 Rich Miller, Anoka
1998 Mitch Hackenmueller, STMA
1999 Justin Swendra, Foley
2000 Ryan Marking, Lake City
2001 David Fisher, Blooming. Kennedy
2002 Brian Hara, Totino-Grace
2003 Jared Freudenberg, Foley
2004 Seth Klostreich, Breckenridge
2005 Stephan Henson, Rosemount
2006 Dalton Lilledahl, Cambridge
West
2007 Pat Cotter, Anoka
2008 Dylan Buchanan, GMLOK
2009 Cory Nelson, Becker
2010 Brian Rachuy, Hastings
2011 Joe Hoeve, Farmington
2012 Stuart Mattison, Hastings
2013 Cole Schreder, St. Cloud Tech
2014 Solomon Nielsen, Luverne
2015 Nick Altermatt, Wabasso/RRC
2016 Corbin LeFlay, Hastings
2017 Colton Hinrichs of Bemidji
2018 Owen Herbst of Buffalo

152-Pound Weight Class

1992 Rob Miller, Hastings
1993 M Clayburn, Apple Valley
1994 Rick Wacek, Owatonna
1995 Adam Balzer, Owatonna
1996 J Simones, Northfield
1997 Nick Zajac, Hastings
1998 Matt Herman, Burnsville
1999 Ryan Zachman, St Michael-Albertville
2000 John Grygelko, St Michael-Albertville
2001 John Grygelko, St Michael-Albertville
2002 Nick Barclay, Apple Valley
2003 Trent Oftedahl, Fertile-Beltrami
2004 Matt Uher, Owatonna
2005 Dennis Taute, Milaca
2006 Cullen Becker, Caledonia
2007 Tyler Lewandowski, Foley
2008 Tyler Hemmesch, Paynesville
2009 Nick Dvorak, Scott West
2010 Garth Ochsendorf, DB-LQPV
2011 Paul Cheney, Apple Valley
2012 Jesse Slater, Adrian
2013 Nick Norem, Forest Lake
2014 Tyler Snoberger, Sartell
2015 Chandler Rask, Annandale/ Maple Lake
2016 Brendon Bischoff, Lakeville South
2017 Brendon Bischoff, Lakeville South
2018 Adam Neuman of Annandale

160-Pound Weight Class

1992 Dave Clymer, Hastings
1993 Pat Peckels, Simley
1994 Tim Baker, Apple Valley
1995 Jarek Horton, Apple Valley
1996 Brandon Eckert, Eden Prairie
1997 Jeremy Wise, Lakeville
1998 Adam Fokken, Eastview
1999 Josh Passe, Wabasha-Kellogg
2000 Mike Maresh, Champlin Park
2001 Bill Blumhoefer, Cambridge
2002 Josh Ellis, Hutchinson
2003 Andy Robinson, St. Francis
2004 Matt O'Connor, Cambridge-Isanti
2005 Kyle Schumm, STMA
2006 Conner Fogarty, Scott
2007 William Hunt, Mahnomen-Waubun
2008 Kyle White, Hutchinson
2009 Jake Swenson, Hastings
2010 Miles Hammerlund, Delano
2011 Austin Klaverkamp, St. Cloud Tech
2012 Gregor Fraser, Hutchinson
2013 Mark Vaith, Hastings
2014 Alec Bueltel, Minneota
2015 Evan DeChene, Anoka
2016 Matthew Boyum, Chaska/Chan
2017 Isaiah Thompson of Detroit Lakes
2018 Adam Neuman of Annandale

171-Pound Weight Class

1992 Gabe Holm, Eagan
1993 B Granger, Apple Valley
1994 Travis Novak, Foley
1995 Kevin Rasmussen, Owatonna
1996 G Ellis, Cambridge
1997 Larry Stark, Milaca
1998 Tony Phillips, Jackson Cty Central
1999 Dan Link, Fillmore Central
2000 Dejan Bunnel, Cambridge
2001 Grant Smith, Farmington
2002 Bill Blumhoeffer, Cambridge
2003 Tyler Hemmesch, Elk River
2004 Pat Mahon, Owatonna
2005 Billy Morgan, Rosemount
2006 Brian Anderson, Redwood Valley
2007 Jordan Bialke, Foley
2008 Carter Brandt, GMLOK
2009 Greg Erlanson, Breckenridge
2010 Will Vansant, Mound-Westonka
2011 Tyler Berdahl, Coon Rapids

189-Pound Weight Class

1992 Ben Bauer, Faribault
1993 E Lewison, Owatonna
1994 Lance Matthews, Rosemount
1995 Ryan Donnay, Elk River
1996 D Nystrom, Cooper
1997 Darnell Hodge, Burnsville
1998 Matt Henderson, Cambridge
1999 Micah Becker, Cambridge
2000 Alex Behling, Forest Lake
2001 Mike Yilek, Eden Prairie
2002 Steve Larson, Apple Valley
2003 Kyle Witucki, St. Francis
2004 Will Lutner, Adrian
2005 Carter Ash, Milaca
2006 Ben Lujan, Frazee
2007 Luke Schmidt, Apple Valley
2008 Isaac Eichmann, Hastings
2009 Nick Edling, St. Michael-Albertville
2010 JD Struxness, DB-LQPV
2011 Cody Linssen, Park

275-Pound Weight Class

1992 Emao Morgan, Simley
1993 Dan Steffen, Simley
1994 Dave Levine, Tartan
1995 Alex Lundeen, Spring Lake Park
1996 Nick Bruels, Hastings
1997 Chad Wilson, Annandale/Maple Lake
1998 Jake Helmin, Foley
1999 Eric Schickling, Bloomington Kennedy
2000 Marcus Colman, Wayzata
2001 Mitch Pontrelli, St. Paul Johnson
2002 Jered Schwanz, St. James
2003 Jon Brunner, Mahnomen-Waubun
2004 Tyler Hommerding, Rocori
2005 Glen Kurger, Adrian
2006 Eric Nelson, Delano
2007 Marshall Ash, Milaca
2008 Parker Betts, STMA
2009 Oscar Hipp, Eden Prairie
2010 Mike Kessler, STMA
2011 Shad Olson, Coon Rapids

195-Pound Weight Class

2012 Jake Hansen, Forest Lake

170-Pound Weight Class

2012 Wyatt Richardson, GMLOK
2013 McKinley Lain, Sauk Rapids-Rice
2014 Tyler Hugg, St. Cloud Tech
2015 Jake Ubert, Fertile-Beltrami
2016 Taylor Meissmer, Osseo
2017 Joseph Johnson of Shakopee
2018 Owen Vike of St.Michael-Albertville

189-Pound Weight Class

2012 Jake Filk, Hutchinson
2013 Zach Wills, Park
2014 Mike Delich, Eastview
2015 Jake Hawkins, Waconia
2016 Isaac Arjes, Austin
2017 Luke Tweeton of Frazee
2018 Daniel Erlanson of Breckenridge

285-Pound Weight Class

2012 Kevin Kneisl, Delano
2013 Logan Swanson, Mankato East
2014 Walker Russek, Delano
2015 Dillon McEachran, Faribault
2016 Chase Liestman, Litchfield
2017 Scot Edwards of Adrian
2018 Tommy Johnson of Shakopee

MNGWL TEAM TOURNAMENT

The most up-to-date team tournament information can be found at: <https://mngwl.wordpress.com/>

SITE:

Hastings High School
200 General Sieben Drive
Hastings, MN 55033
(651) 480-7470 FAX (651) 480-7598
Athletic Secretary (651) 480-7597

TOURNAMENT MANAGER:

Paul Vaith (C) 651-755-5261, pvaith@hastings.k12.mn.us

FORMAT:

THIS IS A DOUBLE ELIMINATION TOURNAMENT WITH A CONSOLATION BRACKET.

WEIGH INS:

SATURDAY MORNING AT HASTINGS HIGH SCHOOL from 8:00 am – 9:00 with the 2 lb. growth allowance. We will follow the High School rules. The entire team must be present when the first wrestler steps on the scale. There is no hydrating or dehydrating in the weigh in area (wrestling room). Limit of 20 Wrestlers.

SKIN CHECKS:

A doctor will do skin checks in the wrestling room from 8:00 to 9:00 AM.

MATCH LENGTH:

All matches will be 4 1/2 minutes in length.

COACHES MEETING at 9:00 AM in the auditorium foyer across from the weight room as you enter the school.

BUSES:

Be sure that all buses park in the student lot on the **east side** of the building.

ADMISSIONS:

Participating wrestlers, coaches, bus drivers, statisticians, and cheerleaders in uniform will have their hand stamped and will be admitted free of charge.
SPECTATOR ADMISSION: \$6 Adults, \$3 Students - (\$3/\$2 after 2 PM)

SECTION DIRECTORS:

Please call or email Paul Vaith or Josh McLay with the names of the teams qualifying from your section as soon as possible along with the coaches' name and cell phone number. Be sure to confirm with those teams that they will be attending .

HOSPITALITY ROOM:

There will be a hospitality room for coaches, table workers and officials in the auditorium foyer.

AWARDS:

Medals for places 1 – 7 and Consolation Tier I and Tier II --- Team trophy for team champion ---
T-shirts for team champions

MNGWL TEAM TOURNAMENT SCHEDULE

Time Schedule

<u>ROUND 1</u> (Championship)	ON	8 MATS	9:30
<u>ROUND 2</u> (Championship)	ON	8 MATS	11:00
<u>ROUND 3</u> (Championship & Consolation Quarterfinals)	ON	8 MATS	12:30
<u>DUAL SEASON</u> SECTION TROPHY AWARDS			2:00
<u>ROUND 4</u> (Consolation)	ON	8 MATS	2:15
<u>ROUND 5</u> (Semifinals, 5 th , 7 th , & Consolation)	ON	7 MATS	3:45
<u>ROUND 6</u> (1 st , 3 rd , and Consolation – I matches) These matches may start sooner if mats become available earlier.	ON	3 MATS	5:15

CHAMPIONSHIP AWARDS:

After each place match is completed.

MNGWL STATE TEAM TOURNAMENT

Weigh In Form

TEAM _____

SATURDAY MORNING AT HASTINGS HIGH SCHOOL from 8:00 am – 9:00 with the 2 lb. growth allowance. We will follow the High School rules for weigh-in procedures, but no additional pounds will be given for consecutive weigh-in days. The entire team must be present when the first wrestler steps on the scale. There is no hydrating or dehydrating in the weigh in area (wrestling room). Limit of 21 Wrestlers.

	<u>NAME</u>		<u>Actual Wt.</u>	<u>Skin Check</u>
94/96	_____	_____	_____	_____
100/102	_____	_____	_____	_____
106/108	_____	_____	_____	_____
113/115	_____	_____	_____	_____
120/122	_____	_____	_____	_____
126/128	_____	_____	_____	_____
132/134	_____	_____	_____	_____
138/140	_____	_____	_____	_____
145/147	_____	_____	_____	_____
152/154	_____	_____	_____	_____
160/162	_____	_____	_____	_____
170/172	_____	_____	_____	_____
189/191	_____	_____	_____	_____
285/287	_____	_____	_____	_____
(Minimum wt. for 96 is 81, for 100 is 87 and for 287 is 188 lbs.)				
Alt.	_____	_____	_____	_____
Alt.	_____	_____	_____	_____
Alt.	_____	_____	_____	_____
Alt.	_____	_____	_____	_____
Alt.	_____	_____	_____	_____
Alt.	_____	_____	_____	_____

Weigh-In Official _____

MNGWL INDIVIDUAL TOURNAMENT SCHEDULE

The most up-to-date individual tournament information can be found at: <https://mngwl.wordpress.com/>

SITE:

Champlin Park High School
6025 109th Ave N,
Champlin, MN 55316

Time Schedule

Weigh-ins and Skin-check		7:00 - 8:00
<u>ROUND 1</u>	Preliminaries on 8 Mats	8:30 - 10:00
(3 - 1.5 Minute Periods)	(120 Matches)	
<u>ROUND 2</u>	Quarter Finals on 4 Mats	10:00 - 11:30
(3 - 1.5 Minute Periods)	(60 Matches)	
	Wrestlebacks on 4 Mats	10:00 - 11:30
(3 - 1.5 Minute Periods)	(60 Matches)	
<u>ROUND 3</u>	Wrestlebacks on 8 Mats	11:30 - 12:30
(3 - 1.5 Minute Periods)	(60 Matches)	

BREAK

<u>ROUND 4</u>	Semi Finals on 4 Mats	1:00 - 2:00
(3 - 2 Minute Periods)	(30 Matches)	
	Wrestlebacks on 4 Mats	1:00 - 2:00
(3 - 1.5 Minute Periods)	(30 Matches)	
<u>ROUND 6</u>	All Medal Matches on 4 Mats	2:30 - 4:30
(3 - 2 Minute Periods)	(60 Matches)	

Note: Weigh ins and skin-checks will be conducted on-site, from 7:00-8:00 with a 2-pound growth-allowance given. We will follow the high school rules for weigh-ins procedures, but no additional pounds will be given for consecutive weigh-ins days.