



Helping kids succeed in school and life for over 50 years!

MSSWA
 MINNESOTA SCHOOL SOCIAL WORKERS ASSOCIATION

**Minnesota School Social Work Association/COVID-19
 Resources**
www.msswa.org

<p>Community Resources</p>	<ul style="list-style-type: none"> ● Talking to Kids About the Coronavirus ● Crisis Text Line ● https://suicidepreventionlifeline.org ● Minnesota crisis services--by county: Children's mental health crisis response phone numbers ● Coronavirus: Multilingual Resources for Schools ● School Social Work - Tools, Resources, and Community for School Social Workers
<p>Activities for Families and Students</p>	<ul style="list-style-type: none"> ● Here's The Entire List of Education Companies Offering Free Subscriptions Due to School Closings ● 35 Useful Remote Learning Resources ● Amazing Educational Resources ● Best Math Websites for the Classroom, As Chosen by Teachers ● Distance / Home Learning Packets and Strategies for Special Education ● Best Music Apps and Games for Kids ● New Kids' TV Shows ● 50 Books All Kids Should Read Before They're 12 ● Best Family Movies ● Common Sense Selections ● Sibling Watch-Together TV ● Best Documentaries for Kids and Families ● When everything feels overwhelming, check out tips for taking in rapidly changing news. ● De-stress together with meditation apps for kids and families.

	<ul style="list-style-type: none"> ● Get the blood flowing and elevate the mood with these 25 dance games (you might need to buy a special control from Amazon). ● Apps, websites, and video games that inspire running, jumping, and more to stay active. ● Don't forget to enjoy a device-free dinner or two.
<p>Supporting Students Mental Health Needs</p>	<ul style="list-style-type: none"> ● Responding to Trauma and Tragedy ● Health Crisis Resources ● Mental Health Support And COVID-19 ● Mental Health and Coping During COVID-19 ● Taking Care of Your Behavioral Health: Tips for Social Distancing, Quarantine, and Isolation During an Infectious Disease Outbreak ● Headspace for Educators ● Educators ● Colorfy.com ● Calm.com
<p>Serving Students with Special Education Plans</p>	<ul style="list-style-type: none"> ● Google Meet ● How to Use Google Meet for Video Calls ● Second Step ● COVID-19 Resources sswaa ● COVID-19 Updates ● Google Voice Tutorial 2019 - Quick Start
<p>Healthy Habits and Self-Care</p>	<ul style="list-style-type: none"> ● Coping with Stress During Infectious Disease Outbreaks ● Mental Health and Coping During COVID-19 ● How to practice self-care during coronavirus ● Guide to self-care: Coping with coronavirus