

EFFECTIVE SEPTEMBER 1, 2021

BEACON

HEALTH OPTIONS
EMPLOYEE ASSISTANCE PROGRAM

SERVICE OVERVIEW

When life's challenges come your way, let us help. We provide confidential information, guidance, and support to help you reach your personal and professional goals, manage your busy schedule, and bounce back from hardships. You and your household members can call anytime, 24 hours a day, 7 days a week.

SERVICE ACCESS

- Accessed by phone, email, or website
- Available any time, any day
- Always confidential
- No cost to you or your family to use the service

EDUCATION SERVICES

- Preschool options & K-12 info
- GED/Vocational and continuing education info
- Learning disabilities
- Tutors and test preparation
- Educational Financing

DAILY LIVING SERVICES

- Travel and recreation
- Pet care
- Housing locator services
- Home improvement services
- Automotive services
- Relocation help
- Health & wellness

CHILD CARE & PARENTING SERVICES

- Choosing child care
- Summer/holiday care
- Special needs child care
- State child care regulations
- Family planning including infertility & adoption
- Pregnancy Care
- Improving sibling relationships
- Single parenting & blended families.

CAREER SERVICES

- Skill building
- Career training
- Interviewing techniques
- Stress management
- Transition and relocation

ONLINE INFO & RESOURCES

- Marriage & Relationship Issues
- Divorce
- Stress Management
- Depression & Anxiety
- Substance Use Disorder treatment & recovery
- Parenting & Caregiving
- Working with Others
- Debt & Credit
- Financial Planning
- Legal Concerns
- Weight Loss
- Quitting Smoking

ADULT CARE SERVICES

- Care for older adults
- Home safety
- Navigating Medicare & Medicaid
- Hospice Information
- Transportation Services
- Paying for care
- Caregiver support



For more details, visit feelgreat.mybeaconwellbeing.com | or call 866-950-7656