

# 1st Grade Distance Learning

Week 1: March 30 - April 3

Name: \_\_\_\_\_ Teacher: \_\_\_\_\_ Building: \_\_\_\_\_

| ✓ | Day 1  |
|---|--|
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"><li>• Read 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.).<ul style="list-style-type: none"><li>○ Write or tell the characters, setting, and main events using beginning, middle, end, or using the words first, next, then, last</li></ul></li><li>• Writing Prompt: Write how to brush your teeth using first, next, then, and last</li></ul> |
|   | <p><b>EL (Language Development) Anyone can do these activities in any language:</b></p> <p>Compare your backpack to someone else's backpack. How are they the same or different?</p> <p>My backpack is _____, but your backpack is _____.</p> <p>Both backpacks are _____.</p>   |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"><li>• Solve by drawing a picture and writing a number sentence:<br/>There are 15 cats and 4 dogs. How many pets in all?<br/>Or try using these numbers: 23 cats and 13 dogs</li><li>• Skip count by 1s, 2s, 5s, and 10s starting at 0. See how high you can go!</li></ul>  |
|   | <p><b>Science:</b></p> <ul style="list-style-type: none"><li>• Make a weather chart for the next 5 days. Save this chart.</li><li>• Record what the weather was each day.<ul style="list-style-type: none"><li>○ Ideas - Sunny, cloudy, rain, snow, dry, temperature</li></ul></li></ul>   |
|   | <p><b>Physical Education:</b></p> <p>Jump, Jump Jump side-to-side over an object or line for 1 minute straight. Go again but jump front to back. Repeat each jump twice.</p>   |
|   | <p><b>Music:</b></p> <p>Listen to a song and dance along.</p>  |
|   | <p><b>Social-Emotional:</b></p> <ul style="list-style-type: none"><li>• Circle how you are feeling: 😊 ☹️ 😞 😏</li><li>• Take 3 slow deep breaths</li><li>• <b>Clear your space:</b> Clearing and organizing your learning space allows you to decide where to put your school stuff. Once your space is clear, you are ready to focus and begin your work.</li></ul>  |

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| ✓ | Day 2   |
|---|---|
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"><li>• Read 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.).<ul style="list-style-type: none"><li>○ Find and write as many words as you can that have sh, ch, and th in them</li></ul></li><li>• Writing Prompt: Write how to wash your hands using first, next, then, and last</li></ul>                                      |
|   | <p><b>EL (Language Development) Anyone can do these activities in any language.</b></p> <p>Find three things that are green.<br/>Find three things that are soft.<br/>Find three things that are hard.<br/>Tell someone what you found using the sentence frame:<br/>This is a green _____.<br/>This is a soft _____.<br/>This is a hard _____.</p>   |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"><li>• Solve by drawing a picture and writing a number sentence:<br/>There are 18 sheep and 7 cows. How many animals in all?<br/>Or try using these numbers: 35 sheep and 14 cows</li><li>• Count how many windows and doors where you live.<br/>Compare using greater than (&gt;), less than (&lt;) or equal to (=)<br/>Example: 10 windows &lt; 14 doors</li></ul> |
|   | <p><b>Science:</b></p> <ul style="list-style-type: none"><li>• Make the tallest structure you can with objects in your home. (Examples - blocks, legos, boxes, plastic cups, etc.)</li><li>• What do you notice you need to get the most height?</li><li>• Don't forget to complete the weather chart for today.</li></ul>  |
|   | <p><b>Physical Education:</b></p> <p>Do this: -Hop on one leg 30 times, switch legs -Take 10 giant steps -Walk on your knees -Do a silly dance -Run in place for 10 seco</p>  |
|   | <p><b>Music:</b></p> <p>Listen to a song and move to the steady beat (clap, pat, stomp).</p>  |
|   | <p><b>Social-Emotional:</b></p> <ul style="list-style-type: none"><li>• Circle how you are feeling: 😊 😐 😞 😡 😄</li><li>• Take 3 slow deep breaths</li><li>• <u>Drink a glass of water:</u> When you don't drink enough water, you can feel tired and drained. Drinking water will give you energy to learn.</li></ul>  |

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Name: \_\_\_\_\_ Teacher: \_\_\_\_\_ Building: \_\_\_\_\_

| ✓ | Day 3   |
|---|---|
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"><li>● Read 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.).<ul style="list-style-type: none"><li>○ Draw the main character(s) and write or tell about them</li><li>○ Draw the settings and write or tell about them</li></ul></li><li>● Writing Prompt: Write how to be kind to your family using first, next, then, and last</li></ul> |
|   | <p><b>EL (Language Development) Anyone can do these activities in any language.</b></p> <p>Describe what someone at home is wearing. Now, look at what you are wearing. Use the sentence frame:<br/>I am wearing _____, but you are wearing _____.</p>  |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"><li>● Solve by drawing a picture and writing a number sentence:<br/>I had 20 grapes. I ate 7. How many grapes are left?<br/>Or try using these numbers: 50 grapes. I ate 15.</li><li>● Count a handful of pennies, nickels, and dimes</li></ul>   |
|   | <p><b>Science:</b></p> <ul style="list-style-type: none"><li>● Draw the animals listed below.<ul style="list-style-type: none"><li>○ Draw an animal with four legs.</li><li>○ Draw an animal that lives in water.</li></ul></li><li>● Explain the features of the animal.</li><li>● Describe their habitat/home.</li><li>● Don't forget to complete the weather chart for today.</li></ul>  |
|   | <p><b>Physical Education:</b></p> <p>Dance, Dance Put on your favorite song or turn on the radio. Dance however you like during the entire song!</p>  |
|   | <p><b>Music:</b></p> <p>Sing a song to a friend, parent, or stuffed animal.</p>   |
|   | <p><b>Social-Emotional:</b></p> <ul style="list-style-type: none"><li>● Circle how you are feeling: 😊 ☹️ 😐 😞 😄</li><li>● Take 3 slow deep breaths</li><li>● <u>Smile in the mirror for 10 seconds:</u> Smiling slows the heart and relaxes the body.</li></ul>  |

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Name: \_\_\_\_\_ Teacher: \_\_\_\_\_ Building: \_\_\_\_\_

| ✓ | Day 4   |
|---|---|
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"><li>● Read 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.).<ul style="list-style-type: none"><li>○ Find and write as many words as you can with ar, er, ir, ur, and or</li></ul></li><li>● Writing Prompt: Write how to make a sandwich using first, next, then, and last</li></ul>   |
|   | <p><b>EL (Language Development) Anyone can do these activities in any language.</b></p> <p>Look at three people in your home and say how they are different using these sentence frames:</p> <p>_____ is tall.<br/>_____ is short.<br/>I am _____.</p>  |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"><li>● Solve by drawing a picture and writing a number sentence:<br/>I have 12 socks. I found some more. Now I have 20 socks. How many did I find?<br/>Or try using these numbers: 37 socks and I now have 45</li><li>● Find as many rectangles as you can where you live. Record using tally marks.<br/> = 6</li></ul> |
|   | <p><b>Science:</b></p> <ul style="list-style-type: none"><li>● Sink and Float Experiment - Find 6 small objects in your home that can be put in water.</li><li>● Predict/guess which will float or sink.</li><li>● Test your objects by putting them into a container of water.</li><li>● Don't forget to complete the weather chart for today.</li></ul>   |
|   | <p><b>Physical Education:</b></p> <p>Army Crawl Lay on your stomach resting on your forearms. Crawl across the room dragging your body as if you're moving through a small tunnel.</p>  |
|   | <p><b>Music:</b></p> <p>Listen to a song and draw a picture about how the music made you feel.</p>  |
|   | <p><b>Social-Emotional:</b></p> <ul style="list-style-type: none"><li>● Circle how you are feeling: 😊 ☹️ 😐 😞 😄</li><li>● Take 3 slow deep breaths</li><li>● <u>Tell someone three things you are grateful for:</u> Gratitude is the ability to recognize and acknowledge the good things, people, and places in our lives.</li></ul>  |

# 1st Grade Distance Learning

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Name: \_\_\_\_\_ Teacher: \_\_\_\_\_ Building: \_\_\_\_\_

| ✓ | Day 5   |
|---|---|
|   | <p><b>Literacy:</b></p> <ul style="list-style-type: none"><li>● Read 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.).<ul style="list-style-type: none"><li>○ Rewrite, retell, or draw the ending of the story your own way</li></ul></li><li>● Writing Prompt: Write how to make your favorite meal using first, next, then, and last</li></ul> |
|   | <p><b>EL (Language Development) Anyone can do these activities in any language.</b></p> <p>Make 3 towers with things at home (a tall tower, a medium tower, and a short tower).<br/>Tell what you made. Use the words tall, medium, and short.</p>  |
|   | <p><b>Math:</b></p> <ul style="list-style-type: none"><li>● Solve by drawing a picture and writing a number sentence:<br/>I have 24 toy cars. I lost some. Now I have 18 toy cars. How many did I lose?<br/>Or try using these numbers: 39 toy cars and now I have 27</li><li>● Count backwards from 53 to 37, 25 to 0, and 45 to 12</li></ul>                                    |
|   | <p><b>Science:</b></p> <ul style="list-style-type: none"><li>● Pick a favorite toy.</li><li>● Observe the characteristics of your toy.<ul style="list-style-type: none"><li>○ Discuss the toy's characteristics - Shapes, colors, size, textures, make any sounds, etc.</li></ul></li><li>● Don't forget to complete the weather chart for today.</li></ul>                       |
|   | <p><b>Physical Education:</b></p> <p>Crabby Clean Up Tidy up while walking like a crab! Carry items on your belly across the room to put them away.</p>   |
|   | <p><b>Music:</b> Draw a line on paper and have your singing voice follow the movement with high and low sounds. Here is an example. </p>  |
|   | <p><b>Social-Emotional:</b></p> <ul style="list-style-type: none"><li>● Circle how you are feeling: 😊 ☹️ 😐 😞 😄</li><li>● Take 3 slow deep breaths</li><li>● <u>Take a digital break:</u> Step away from your digital devices for short periods of time during your day today. It allows you to feel more focused and centered when you do plug back in.</li></ul>                 |

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_